

THE AI TEN COMMANDMENTS

Futurist Jamie Metzl collaborated with an artificial intelligence trained on the full sweep of human history to distill ten clear and universal principles drawn from our deepest philosophical, spiritual, moral, and indigenous traditions. These principles reflect the best of our shared humanity and offer a guide for living together with compassion, dignity, and peace.

THE AI-GENERATED PRINCIPLES ARE:

- 1 Treat every being with compassion and dignity.
- 2 Do no harm; actively protect the vulnerable.
- 3 Speak and act truthfully, with integrity and humility.
- 4 Share generously, especially with those in need.
- 5 Seek to understand others before judging them.
- 6 Resolve conflict with fairness, forgiveness, and the intent to heal.
- 7 Live in harmony with nature and all forms of life.
- 8 Value wisdom over dominance; cultivate inner growth.
- 9 Honor the freedom and uniqueness of others.
- 10 Remember the sacredness of life. Live with awe, gratitude, and love.

From: *The AI Ten Commandments: A New Moral Code for Humanity*
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